

May 2019

• Friendship Village of Kalamazoo • 1400 North Drake Road • Kalamazoo, MI 49006 • 269-381-0560

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Room Key: K- Kiva C- Commons CC- Commons Conf. CL- Commons Living Rm. CR- Craft Room R- Recreation Room FC- Fitness Center FL- Fitness Lounge GFS- Group Fitness Studio WCL- Woodside Cedar Lounge</p>		<p>Coffee is available daily at 2:30 in the Café</p> <p>FRIENDSHIP VILLAGE <i>Senior Living Community</i> WHERE CONNECTIONS MATTER</p>		<p>Dimensions of Wellness</p> <p>SPECIAL EVENTS WELLNESS EVENTS EDUCATIONAL EVENTS</p>		
		<p>(30 Ashley 11 to 7)</p>	<p>1 Marketing 11 to 6 Ashley 12 - 8 9:30 Interval 9:45 Tall Tales with Ralph Jarl -K 10:00 Music Together WS Activity Room 11:00 Men's Chorus -GFS</p> <p>1:00 Digital Theater -B-1 1:15 Seniors of Strength</p> <p>3:30 Happy Hour -Café</p> <p>7:15 Blendings Vocal Group Spring Concert -K 7:15 Scrabble -CL</p>	<p>2 (Model Fitting Day) Ashley 12 - 8 9:30 Better Balance 10:00 Kitchen Band -K 10:00 Reading Circle With Cheri -CC 10:45 Joyful Living B-1 Through Mindfulness 11:00 Parkinson's Exercise</p> <p>1:00 Betsy's Corner -K 2:00 Hearing Clinic B-1 2:15 Learning Alexa -K (Come discover the wonders of Alexa and Voice activated technology) 7:15 Gene Hahn Solo Violin Program -K</p>	<p>3 Ashley 1 - 9 9:30 Advanced Fitness 10:00 Current Events Discussion -CC 10:00 Bible Study -A-1 Last one till Fall 11:00 Chorus -K 11:30 Stretch and Strength</p> <p>1:15 Seniors of Strength 3-5 Open Bridge -Café LV 4:15 Epic Center 38th Annual "Black Maria Film Festival"</p> <p>7:15 Somewhere In Time Band in the Kiva</p>	<p>4 9:00 Conscious Aging Class Part 3 (You must sign up to be part of this 4 part class) -K LV 10 :00 Mall Run & Trader Joes</p> <p>11:00 Play Reading Club -CC</p> <p>7:00 Bingo -GFS 7:15 Kalamazoo Jr. Symphony Ensembles -K</p>
<p>5 LV 1:15 Civic Theater War Paint</p> <p>2:00 Vespers With Mark Roberts -K</p> <p>4:00 Wii Bowling With Bob -K</p> <p>6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</p>	<p>6 Ashley 1:30 – 7:30 9:30 Interval 11:00 Parkinson's Exercise 11:30 Apple Device Classes by Cheri -B-1</p> <p>1:00 Needlers -B-1 1:15 Seniors of Strength 2:00 My Brain is Strong and Healthy -K</p> <p>LV 6:45 River City Band Otsego High School Auditorium 7:15 Tami Flick Piano Studio Student Recitals -K Student Group 1</p>	<p>7 Ashley 12 - 5 9:30 Better Balance 10:00 Reading Circle -A-1 10:30 Rosary -B-1 LV10:30 KARSP 11:30 Stretch and Strength</p> <p>1:00 Senior Yoga 2:00 Chair Yoga 2:00 Musical Program by Billy McAllister -K 3-5 Open Bridge –Café 3:00 Creative Writing -CC LV6:30 Chenery Auditorium Kirill Gerstein, Gilmore Artist 7:00 Pinochle -CL 7:15 Kiva Movie: Free Solo</p>	<p>8 Ashley 1:30 – 7:30 LV 8:30 Women Brkfst Marjo's in Schoolcraft 9:00-4 Zuhme Car Care Day Sign Up on Front Board 9:30 Interval 10:00 Music Together WS Activity Room 10:00 From the Workbench with Brandon -K 11:00 Men's Chorus -GFS 1 to 4 Oshtemo Branch Library at FV Library 1:15 Seniors of Strength 3:30 Happy Hour –Café 7:00 Fine Films & Talk with Joe: Blindspotting 7:15 Civic Readers Theater Harvey - K 7:15 Scrabble -CL</p>	<p>9 9:30 Better Balance 10:00 NO Kitchen Band Practice today! 10:00 Reading Circle With Cheri -CC 10:45 Joyful Living B-1 Through Mindfulness 11:00 Parkinson's Exercise</p> <p>2:00 Papa Hoot and Patti Musical Comedy Program -K LV2:00 Kitchen Band 3:00 Concert at Spring Manor Senior Apartments</p>	<p>10 Ashley 8:30 to 4 9:00 Ladies May Breakfast 10:15 Fashion Show -K 10:00 Current Events Discussion -CC 9:30 Advanced Fitness 10:00 Dance For Parkinson's 11:00 Chorus -K 11:30 Stretch and Strength</p> <p>1:15 Seniors of Strength 2:00 Legislative Update W/ Rep. Jon Hoadley, Sen. Sean McCann, & Nate Henschel from Congressman Fred Upton's Office -K 3-5 Open Bridge -Café</p> <p>7:00 Wii Bowling</p>	<p>11 Ashley 10 - 4 LV 10 :00 Mall Run & Trader Joes 10:00 Computer Help, Talk and Learn with Rob -K</p> <p>2:00 Karen Botsfield Piano Student Recital -K</p> <p>7:15 Ralph's Movie -K Milk</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>12</p> <p>2:00 Vespers With Mark Roberts -K</p> <p>4:00 Wii Bowling With Bob -K</p> <p>6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</p>	<p>13 Ashley 9 - 12</p> <p>9:30 Interval</p> <p>10:00 B-Day Social Hour -WCL</p> <p>11:00 Parkinson's Exercise</p> <p>11:30 Apple Device Classes by Cheri -B-1</p> <p>12:00 to 1:00 Pearl Vision Eyeglass Cleaning Clinic -C</p> <p>1:00 Needlers -B-1</p> <p>1:15 Seniors of Strength</p> <p>7:00 Bingo -GFS</p> <p>7:15 Tami Flick Piano Studio Student Recitals -K Student Group 2</p>	<p>14 Ashley 9 - 5</p> <p>9:30 Better Balance</p> <p>10:00 Resident Council -K</p> <p>10:30 Rosary -B-1</p> <p>11:00 First Congregational Church Fellowship Gr. -CC</p> <p>11:30 Stretch and Strength</p> <p>1:00 Senior Yoga</p> <p>2:00 Chair Yoga</p> <p>3-5 Open Bridge -Café</p> <p>3:00 Creative Writing -CC</p> <p>3:30 House Plant Club -GF Kit.</p> <p>4:00- 5:30 Parkinson's Support Group -K</p> <p>7:00 Pinochle -CL</p> <p>7:15 Kiva Movie: Bullitt</p>	<p>15</p> <p>9:00-4 Zuhme Car Care Day Sign Up on Front Board</p> <p>9:30 Interval</p> <p>10:00 Music Together - WS Activity Room</p> <p>10:30 Low Vision Support Group -A-1</p> <p>11:00 Men's Chorus -GFS</p> <p>1:00 Digital Theater -B-1</p> <p>1:15 Seniors of Strength</p> <p>3:30 Happy Hour -Café</p> <p>7:15 Scrabble -CL</p>	<p>16 Ashley 10 - 4</p> <p>9:30 Better Balance</p> <p>10:00 Reading Circle With Cheri -CC</p> <p>10:30 Kitchen Band Performs in the Health Center</p> <p>10:45 Joyful Living B-1 Through Mindfulness</p> <p>11:00 Parkinson's Exercise</p> <p>2:00 Third Thursday -K Kalamazoo Air Zoo</p> <p>7:00 Pinochle -CL</p> <p>7:00 Loy Norrix Student String Quartet -K</p>	<p>17 Ashley 9 - 5</p> <p>9:30 Advanced Fitness</p> <p>10:00 Current Events Discussion -CC</p> <p>10:00 Dance For Parkinson's</p> <p>11:00 Chorus -K</p> <p>11 to 1 Bet Against Alzheimer's Hot Dog Sale- Café Courtyard</p> <p>11:30 Stretch and Strength</p> <p>1:15 Seniors of Strength</p> <p>2:00 Book Nook -B-1</p> <p>2:00 to 4:00 Staff Horse Races in the Café Courtyard with NA Mint Julips served!</p> <p>3-5 Open Bridge -Café</p> <p>LV 6:30 Kalamazoo Symphony Bartok & Stravinsky</p> <p>7:00 Wii Bowling</p>	<p>18</p> <p>LV 10 :00 Mall Run & Trader Joes</p> <p>11:00 Play Reading Club -CC</p> <p>3:00 Kalamazoo Recorder Society Concert -K</p> <p>LV6:30 The Brass Band of Battle Creek. Order tickets at 269-789-2222</p> <p>7:00 Bingo -GFS</p>
<p>19</p> <p>2:00 Vespers With Mark Roberts -K</p> <p>LV3:15 Kalamazoo Ringers Concert at Grace Harbor Church</p> <p>4:00 Wii Bowling With Bob -K</p> <p>6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</p>	<p>20</p> <p>9:30 Interval</p> <p>10:30 Veteran's Club -WCL</p> <p>11:00 Parkinson's Exercise</p> <p>11:30 Apple Device Classes by Cheri -B-1</p> <p>1:00 Needlers -B-1</p> <p>1:15 Seniors of Strength</p> <p>2:00 Town Hall Gathering -K</p> <p>New Resident Introduced</p> <p>6:15 Sing Along w/ Marilyn -C</p>	<p>21 Ashley 12 - 8</p> <p>9:30 Better Balance</p> <p>10:00 Reading Circle -CC</p> <p>10:30 Rosary -B-1</p> <p>11:30 Stretch and Strength</p> <p>1:00 Senior Yoga</p> <p>2:00 Chair Yoga</p> <p>3:00 Creative Writing w/Wilma-CC</p> <p>3-5 Open Bridge -Café</p> <p>4:00 Parkinson's Movement Specialist Program presentation -K</p> <p>LV4:30 Dinner Out: Rustica</p> <p>7:00 Pinochle -CL</p> <p>7:15 Kiva Movie: Men in Black</p>	<p>22 Marketing 11 to 6 Ashley 12 - 5</p> <p>9:30 Interval</p> <p>10:00 Music Together WS Activity Room (last class)</p> <p>10:00 Catholic Mass -K with Father Potter</p> <p>11:00 Men's Chorus -GFS</p> <p>1 to 3 Oshtemo Branch Library at FV Library</p> <p>1:15 Seniors of Strength</p> <p>3 to 4 Oshtemo Branch Book Club in B-1 Lounge</p> <p>3:30 Happy Hour -Café</p> <p>7:15 Scrabble -CL</p>	<p>23 Ashley 10 - 4</p> <p>9:30 Better Balance</p> <p>10:00 NO Kitchen Band Practice Today!</p> <p>10:00 Reading Circle With Cheri -CC</p> <p>10:45 Joyful Living B-1 Through Mindfulness</p> <p>11:00 Parkinson's Exercise</p> <p>LV1:00 Kitchen Band 2:00 Concert at Crosstown Senior Apartments</p> <p>2:00 Tyler Garth Love -K Songs of the 30's, 40's & 50's</p> <p>2:00 Episcopal Eucharist -B-1</p> <p>7:00 Pinochle -CL</p>	<p>24 Ashley 10 - 4</p> <p>9:00 Men's Breakfast -Café</p> <p>9:30 Advanced Fitness</p> <p>10:00 Current Events Discussion -CC</p> <p>10:00 Dance with Parkinson's</p> <p>11:00 Chorus -K</p> <p>11:30 Stretch and Strength</p> <p>1:15 Seniors of Strength</p> <p>2:00 to 3:30 OutFront Kalamazoo Gender Panel -K LGBTQ+ 101</p> <p>3-5 Open Bridge -Café</p> <p>7:00 Wii Bowling w/Jenny -K</p>	<p>25 Ashley 10 - 4</p> <p>LV 10 :00 Mall Run & Trader Joes</p> <p>10:00 Computer Help, Talk and Learn with Rob -K</p> <p>2:00 Piano and Violin Concert by Henrik Karapetyan and Melissa Coppola Duo -K</p>
<p>26</p> <p>2:00 Vespers With Mark Roberts -K</p> <p>LV 3:00 Bach Festival at Chenery Carmina Burana</p> <p>4:00 Wii Bowling With Bob -K</p> <p>6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</p>	<p>27 Memorial Day</p> <p>2:00 Cheryl Beauchamp Music Program -K</p> <p>7:00 Bingo -GFS</p>	<p>28 Ashley 12 - 9</p> <p>9:30 Better Balance</p> <p>10:00 Reading Circle -CC</p> <p>LV10:00 Out To Lunch The Seasonal Grill (Hastings)</p> <p>10:30 Rosary -B-1</p> <p>11:30 Stretch and Strength</p> <p>1:00 Senior Yoga</p> <p>2:00 Chair Yoga</p> <p>3:00 Creative Writing w/Wilma -CC</p> <p>3-5 Open Bridge -Café</p> <p>5:00 GH Progressive Dinner</p> <p>7:00 Pinochle -CL</p> <p>7:15 Kiva Movie: Lion</p>	<p>29 Ashley 12 - 5</p> <p>9:00-4 Zuhme Car Care Day Sign Up on Front Board</p> <p>9:30 Interval</p> <p>11:00 Men's Chorus -GFS</p> <p>1:15 Seniors of Strength</p> <p>3:30 Happy Hour -Café</p> <p>7:15 Scrabble -CL</p>	<p>30 Ashley 10 - 4</p> <p>9:30 Better Balance</p> <p>10:00 Kitchen Band -K</p> <p>10:00 Reading Circle With Cheri -CC</p> <p>10:45 Joyful Living B-1 Through Mindfulness</p> <p>11:00 Parkinson's Exercise</p> <p>2:00 Kitchen Band -K Concert and Retirement Celebration for Corinne</p> <p>7:00 Pinochle -CL</p>	<p>31 Ashley 9 - 5</p> <p>9:30 Advanced Fitness</p> <p>10:00 Current Events Discussion -CC</p> <p>LV 10:00 Kalamazoo 10 Movie outing with Ashley</p> <p>11:00 Chorus -K</p> <p>11:30 Stretch and Strength</p> <p>1:15 Seniors of Strength</p> <p>3-5 Open Bridge -Café</p> <p>7:00 Wii Bowling w/Jenny -K</p>	<p>Room Key:</p> <p>K- Kiva C- Commons CC- Commons Conf. CL- Commons Living Rm. CR- Craft Room R- Recreation Room FC- Fitness Center FL- Fitness Lounge GFS- Group Fitness Studio WCL- Woodside Cedar Lounge</p> <p>FRIENDSHIP VILLAGE Senior Living Community WHERE CONNECTIONS MATTER</p>
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