











February 2019

• Friendship Village of Kalamazoo • 1400 North Drake Road • Kalamazoo, MI 49006 • 269-381-0560

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="display: flex; justify-content: space-between;"> <div data-bbox="93 231 652 635" style="border: 1px solid black; padding: 5px;"> <p>Room Key: K- Kiva C- Commons CC- Commons Conf. CL- Commons Living Rm. CR- Craft Room R- Recreation Room FC- Fitness Center FL- Fitness Lounge GFS- Group Fitness Studio WCL- Woodside Cedar Lounge</p> </div> <div data-bbox="885 241 1351 372" style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Coffee is available daily at 2:30 in the Café</p> </div> <div data-bbox="854 383 1383 645" style="text-align: center;">  <p>FRIENDSHIP VILLAGE Senior Living Community WHERE CONNECTIONS MATTER</p> </div> <div data-bbox="1554 221 3014 524" style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;">Dimensions of Wellness</p> <div style="display: flex; justify-content: space-around; text-align: center;"> <div> Emotional</div> <div> Environmental</div> <div> Health Services</div> <div> Intellectual</div> <div> Physical</div> <div> Social</div> <div> Spiritual</div> <div> Vocational</div> </div> </div> </div> <div data-bbox="1787 534 2890 604" style="border: 1px solid black; padding: 5px; text-align: center;"> <p>SPECIAL EVENTS WELLNESS EVENTS EDUCATIONAL EVENTS</p> </div>						
					<p>1 10:00 Current Events Discussion -CC 10:00 Bible Study -A-1 11:00 Chorus -K 11:30 Stretch and Strength</p> <p>1:15 Seniors of Strength 3-5 Open Bridge -Café 3:00 Specialty Happy Hour Billy McAllister Music -K 7:00 Wii Bowling NO Jenny</p>	<p>2 LV 10 :00 Mall Run & Trader Joes 10:00 Computer Help, Talk and Learn with Rob -K 11:00 Play Reading Club -CC 2:00 Lee Piper Elvis Music Program -K LV 6:15 Chinese New Year Celebration at Chenery 7:00 Bingo -GFS</p>
<p>3 2:00 Vespers With Mark Roberts -K 4:00 Wii Bowling With Bob -K 6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</p>	<p>4 9:30 Interval 11:00 Parkinson's Exercise 11:30 Apple Device Classes by Cheri -B-1</p> <p>1:00 Needlers-B-1 1:15 Seniors of Strength 2:00 My Brain is Strong and Healthy -K</p>	<p>5 9:30 Better Balance 10-12 WMU LLL Gentleman In Moscow -K 10:30 Rosary-B-1 LV10:30 KARSP 11:30 Stretch and Strength</p> <p>1:00 Senior Yoga 2:00 Chair Yoga 2:00 John Hill My Time in Haiti -K 3:00 Creative Writing w/Wilma-CC 3-5 Open Bridge -Café 3:00 Dance with Parkinson's</p> <p>6:00 Rehab Art Gallery Open House 7:00 Pinochle -CL 7:15 Kiva Movie: Amadeus</p>	<p>6 9:30 Interval 9:45 Tall Tales - K Bob Dunbar presents: Kalamazoo & How We Grew! 10:00 Music Together WS Activity Room 11:00 Men's Chorus -GFS</p> <p>1:00 Video Production -B-1 Frank Lloyd Wright Kankakee, IL House History 1:15 Seniors of Strength 3:30 Happy Hour - Cafe</p> <p>LV5:30 from WMU Bernhard Center 6:00 Resilience -GFS 7:15 Scrabble -CL</p>	<p>7 9:30 Better Balance 10:00 Kitchen Band -K 10:00 Reading Circle With Cheri -CC 10:45 Joyful Living B-1 Through Mindfulness 11:00 Parkinson's Exercise</p> <p>1:00 Betsy's Corner -K 1:15 Advanced Fitness 2:00 Hearing Clinic B-1 2:15 Learning Alexa -K (Come discover the wonders of Alexa and Voice activated technology) 7:00 Secrets on the Book of Revelation in 5 weeks By Dr. Harry Eberts -K</p>	<p>8 10:00 Current Events Discussion -CC 10:00 Bible Study -A-1 11:00 Chorus -K 11:30 Stretch and Strength</p> <p>1:15 Seniors of Strength 3-5 Open Bridge -Café 3:00 Movie: The Price of Free (The Story of Nobel Peace Prize Winner Dr. Kailash Satyarthi) -K 7:00 Wii Bowling with Jenny -K</p>	<p>9 LV 10 :00 Mall Run & Trader Joes LV 1:30 WMU Gold Company at the Dalton Center \$15.00 at the door The Great American Songbook 2:00 Suzuki music academy performance -K 7:15 Junru Chen -K Piano Recital She is the student of Silvia Roederer</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>10</p> <p>LV 1:15 Civic Theater At the Carver Center The Father</p> <p>2:00 Vespers With Mark Roberts -K</p> <p>4:00 Wii Bowling With Bob -K</p> <p>6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</p>	<p>11</p> <p>9:30 Interval</p> <p>10:00 B-Day Social Hour-WCL</p> <p>10:00 Reading Together-Read Aloud w/ Sherry R-CC</p> <p>11:00 Parkinson's Exercise</p> <p>11:00 Card Makeovers -CC</p> <p>11:30 Apple Device Classes by Cheri -B-1</p> <p>1:00 Needlers-B-1</p> <p>1:15 Seniors of Strength</p> <p>12:00 to 1:00 Pearl Vision Eyeglass Cleaning Clinic -C</p> <p>2:00 Steve Charnley -K presents Abraham Lincoln</p> <p>7:00 Bingo -GFS</p>	<p>12</p> <p>9:30 Better Balance</p> <p>10:00 Reading Circle -CC</p> <p>10:00 Resident Council-K</p> <p>10:30 Rosary-B-1</p> <p>11:00 First Congregational Church Fellowship Gr. CC</p> <p>11:30 Stretch and Strength</p> <p>1:00 Senior Yoga</p> <p>2:00 Chair Yoga</p> <p>2:00 The Gettysburg Address presented by David Houseman -K</p> <p>3:00 Creative Writing w/Wilma-CC</p> <p>3-5 Open Bridge -Café</p> <p>3:00 Dance with Parkinson's</p> <p>3:30 House Plant Club -CR</p> <p>4:00- 5:30 Parkinson's Support Group -K</p> <p>7:00 Pinochle -CL</p> <p>7:15 Kiva Movie: When Harry Met Sally</p>	<p>13</p> <p>LV 8:30 Women Breakfast Colonial Kitchen</p> <p>9:30 Interval</p> <p>10:00 Music Together WS Activity Room</p> <p>10:00 Reading Together-Read Aloud w/ Sherry R - CC</p> <p>10:00 From the Workbench with Brandon -K</p> <p>11:00 Men's Chorus -GFS</p> <p>1 to 4 Oshtemo Branch Library at FV Library</p> <p>1:15 Seniors of Strength</p> <p>3:30 Happy Hour - Cafe</p> <p>LV5:30 from WMU Bernhard Center</p> <p>6:00 Resilience -GFS</p> <p>7:00 Fine Films & Talk with Joe: Chocolat</p> <p>7:15 Scrabble -CL</p>	<p>14</p> <p>9:30 Better Balance</p> <p>10:00 Kitchen Band -K</p> <p>10:00 Reading Circle With Cheri -CC</p> <p>10:45 Joyful Living B-1 Through Mindfulness</p> <p>11:00 Parkinson's Exercise</p> <p>1:15 Advanced Fitness</p> <p>2:00 Episcopal Eucharist -B-1</p> <p>4:30 & 6:30 Valentine Dinner dinner Music by Randy Adams</p>	<p>15</p> <p>10:00 Current Events Discussion -CC</p> <p>10:00 Bible Study -A-1</p> <p>11:00 Chorus -K</p> <p>11:30 Stretch and Strength</p> <p>1:15 Seniors of Strength</p> <p>2:00 Book Nook B-1 (Tentative)</p> <p>7:00 Wii Bowling with Jenny -K</p>	<p>16</p> <p>LV 10 :00 Mall Run & Trader Joes</p> <p>10:00 Computer Help, Talk and Learn with Rob -K</p> <p>11:00 Play Reading Club- CC</p> <p>2:00 Sigma Alpha IOTA Music Concert in the Kiva</p> <p>7:15 Ralph's Movie - K Crash</p> <p>7:00 Bingo -GFS</p>
<p>17</p> <p>LV 1:15 Farmers Alley Doubt a Parable</p> <p>2:00 Vespers With Mark Roberts -K</p> <p>4:00 Wii Bowling With Bob -K</p> <p>6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</p>	<p>18</p> <p>9:30 Interval</p> <p>10:00 Reading Together-Read Aloud w/ Sherry R - CC</p> <p>10:30 Veteran's Club -WCL</p> <p>11:00 Parkinson's Exercise</p> <p>11:30 Apple Device Classes by Cheri -B-1</p> <p>1:00 Needlers -B-1</p> <p>1:15 Seniors of Strength</p> <p>2:00 Town Hall Gathering -K</p> <p>New Resident Introduced</p> <p>6:15 Sing Along w/ Marilyn -C</p>	<p>19</p> <p>9:30 Better Balance</p> <p>10:00 Reading Circle -CC</p> <p>10:30 Rosary-B-1</p> <p>11:30 Stretch and Strength</p> <p>1:00 Senior Yoga</p> <p>2:00 Chair Yoga</p> <p>2:00 Wake Up World -K Pat Ferris Training Nurses in Haiti</p> <p>3:00 Creative Writing w/Wilma-CC</p> <p>3-5 Open Bridge -Café</p> <p>3:00 Dance with Parkinson's</p> <p>7:00 Pinochle -CL</p> <p>7:15 Kiva Movie: The Hunt for Red October</p>	<p>20 Marketing in Kiva 11 -6</p> <p>9:30 Interval</p> <p>10:00 Reading Together-Read Aloud w/ Sherry R - CC</p> <p>10:00 Music Together WS Activity Room Last Class</p> <p>10:30 Low Vision Support Group -A-1</p> <p>11:00 Men's Chorus -GFS</p> <p>1:00 Video Production -B-1 Michigan Hometown Saugatuck/ Douglas</p> <p>1:15 Seniors of Strength</p> <p>3:30 Happy Hour - Cafe</p> <p>7:15 Scrabble -CL</p>	<p>21 9:30 Better Balance</p> <p>10:00 Kitchen Band -K</p> <p>10:00 Reading Circle With Cheri -CC</p> <p>10:45 Joyful Living B-1 Through Mindfulness</p> <p>11:00 Parkinson's Exercise</p> <p>1:15 Advanced Fitness</p> <p>2:00 Third Thursday -K Janet Lewinski Pfizer Site Manager -K</p> <p>LV5:30 Girl Scout Cookie Bakeoff Benefit Event</p> <p>7:00 Secrets on the Book of Revelation in 5 weeks By Dr. Harry Eberts -K</p> <p>7:00 Pinochle -CL</p>	<p>22</p> <p>9:00 Men's Breakfast -Café</p> <p>10:00 Current Events Discussion -CC</p> <p>10:00 Bible Study -A-1</p> <p>11:00 Chorus -K</p> <p>11:30 Stretch and Strength</p> <p>1:15 Seniors of Strength</p> <p>2:00 WMU International Student Program -K</p> <p>7:00 Wii Bowling w/Jenny -K</p> <p>LV6:15 Loy Norrix \$15.00/door Nobel Peace Prize Winner Dr. Kailash Satyarthi</p>	<p>23</p> <p>LV 10 :00 Mall Run & Trader Joes</p> <p>1-4:00 Girl Scout Cookie Booth -C</p> <p>1:30-3:00- WMU Sigma Kappa Mixer Event - K</p> <p>LV6:45 Kalamazoo Concert Band at Chenery Dancing on Airs</p>
<p>24</p> <p>LV1:15 Civic Theater At the Parish Once on This Island</p> <p>2:00 Vespers With Mark Roberts -K</p> <p>4:00 Wii Bowling With Bob -K</p> <p>6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</p>	<p>25</p> <p>9:30 Interval</p> <p>11:00 Parkinson's Exercise</p> <p>10:00 Reading Together-Read Aloud w/ Sherry R -CC</p> <p>11:00 Card Makeovers -CC</p> <p>11:30 Apple Device Classes by Cheri -B-1</p> <p>1:00 Needlers-B-1</p> <p>1:15 Seniors of Strength</p> <p>3:30 Ted Talks with Ken -K</p> <p>7:00 Bingo -GFS</p>	<p>26</p> <p>9:30 Better Balance</p> <p>10:00 Reading Circle -CC</p> <p>10:30 Rosary-B-1</p> <p>11:30 Stretch and Strength</p> <p>1:00 Senior Yoga</p> <p>2:00 Chair Yoga</p> <p>2:00 Tom Buettner Presents-K Museums of the Presidents</p> <p>3:00 Creative Writing w/Wilma-CC</p> <p>3-5 Open Bridge -Café</p> <p>3:00 Dance with Parkinson's</p> <p>7:00 Pinochle -CL</p> <p>7:15 Kiva Movie: Fried Green Tomatoes</p>	<p>27</p> <p>9:30 Interval</p> <p>10:00 Catholic Mass -K with Father Potter</p> <p>11:00 Reading Together-Read Aloud w/ Sherry R - CC</p> <p>11:00 Men's Chorus -GFS</p> <p>1 to 3 Oshtemo Branch Library at FV Library</p> <p>1:15 Seniors of Strength</p> <p>3 to 4 Oshtemo Branch Book Club in B-1 Lounge</p> <p>3:30 Happy Hour - Cafe</p> <p>LV5:30 from WMU Bernhard Center</p> <p>6:00 Resilience -GFS</p> <p>7:15 Scrabble -CL</p>	<p>28 9:30 Better Balance</p> <p>10:00 Kitchen Band -K</p> <p>10:00 Reading Circle With Cheri -CC</p> <p>10:45 Joyful Living B-1 Through Mindfulness</p> <p>11:00 Parkinson's Exercise</p> <p>LV 11:00 Out to Lunch Summer Thyme Cafe</p> <p>1:15 Advanced Fitness</p> <p>2:00 Innovative Eye Care by Dr. Copeland -K</p> <p>7:00 Secrets on the Book of Revelation in 5 weeks By Dr. Harry Eberts -K</p> <p>7:00 Pinochle -CL</p>	<div style="text-align: center;">  </div> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p style="text-align: center;">SPECIAL EVENTS WELLNESS EVENTS EDUCATIONAL EVENTS</p> </div>	
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