

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
WCL-Woodside Cedar Lounge 1st floor SCU-Memory Care B-1- 1st Floor A-1- 1st Floor					1 10:30 Music Together 1:30 Billy McAllister sings Sinatra 3:00 Exercise with Alecia	2 10:00 Music with Sara (WCL) 1:00 SCU Visits 2:00 BINGO! 3:15 Punxsutawney Phil Social
3	4	5	6	7	8	9
9:30 SCU Visits 10:30 Coffee and Trivia 1:00 SCU Visits 2:00 Creative Painting 2:00 Vespers-(KIVA) 3:00 Manicures	10:30 Coffee and Resident Council 1:30 Skip-Bo 2:00 Manicures-(SCU) 2:30 Gentle Fitness 3:15 Yahtzee Tournament	10:30 Rosary B-1 10:30 Devotions (WCL) 1:30 Word Games 2:30 Zumba with AJ 3:00 Susan Harrison Sings 6:30 BINGO!	10:30 Exercise w/ Alicia (WCL) 1:30 Bible Study 1:30 Learn how to play Rummikub 3:00 Manicures 6:30 BINGO!	9:30 Flower Arranging 10:30 Stretcherize 11:30 Lunch Outing to La Rue's 3:00 Touch and See Art: Sculptures 6:30 BINGO!	10:00 Music Together 1:45 Tai Chi with Ed 3:00 Icebreaker Social	9:30 SCU Visits 10:00 Music with Sarah (WCL) 1:00 Manicures (SCU) 2:00 Sit and Be Fit 2:45 BINGO!
10	11	12	13	14	15	16
9:30 Stretches (SCU) 10:30 Tea and Trivia by the Fireplace (WCL) 1:00 SCU Visits 2:00 Manicures 2:00 Vespers-(KIVA) 3:30 Exercise with WMU	10:30 Coffee and Current Events 1:30 Word Games 2:00 Manicures (SCU) 2:30 Gentle Fitness 3:15 Bob DeYoung Sings! (WCL)	10:30 Rosary B-1 10:30 Devotions (WCL) 1:30 Dominos 2:30 Zumba with AJ 3:15 Randy Plays Piano (WCL) 6:30 BINGO!	10:30 Exercise with Alicia (WCL) 10:30 Low Vision Support Group(A1) 1:30 Bible Study 1:30 Manicures 3:00 Cooking Club: Valentine Treats 6:30 BINGO!	9:30 Flower Arranging 10:30 Stretcherize 2:30 Valentine's Day Social 3:30 Singing with Jerry Ball 6:30 BINGO!	10:00 Music Together 2:00 Exercise with Alecia 3:00 Sing along Happy Hour with Becky	9:30- 11:30 Focus Volunteers 2:00 Smoothies and Riddles 2:45 BINGO!
17	President's Day 18	19	20	21	22	23
9:30 SCU Visits 10:30 Coffee and Trivia by the Fireplace (WCL) 1:00 SCU Visits 2:00 Manicures 2:00 Vespers-KIVA 3:30 Exercise with WMU	10:30 Coffee and Trivia 10:30 Veteran's Club 1:30 Adult Coloring 2:00 Manicures (SCU) 2:30 Gentle Fitness 3:15 Presidents Day Social	10:30 Rosary B-1 10:30 Devotions (WCL) 1:30 Brain Games 2:30 Zumba with AJ 3:15 Food & Beverage/Resident Input Hour 6:30 BINGO!	10:30 Exercise W/Alicia (WCL) 1:30 Bible Study 1:30 Learn a New Game! 3:00 Manicures 6:30 BINGO!	9:30 Flower Arranging 10:30 Stretcherize 1:30 Domino Club 3:00 Be Crafty Thursday 6:30 BINGO!	10:00 Music Together 1:45 Tai Chi with Ed 3:00 Happy Hour and Celebrate Birthdays with Jerry Ball	9:30 SCU Visits 10:30 Games with Friends 1:00 Manicures (SCU) 2:00 Afternoon Exercise! 2:45 BINGO!
24	25	26	27	28	<div data-bbox="2346 1643 3052 1965" style="border: 1px solid black; padding: 5px;"> <p>Activities may change, please make sure you look on the <u>daily sheets</u> next to the dining rooms for any changes in the schedule on a daily basis. It is also helpful to be on time to activities so we can follow our schedule to our best ability</p> </div>	
9:30 SCU Visits 10:30 Hot Cocoa and Trivia 1:00 SCU Visits 2:00 Vespers-(KIVA) 2:00 Manicures 3:00 Exercise with WMU	10:30 Coffee and Current Events 1:30 Word Games 2:00 Manicures (SCU) 2:30 Gentle Fitness 3:15 Spelling Bee Contest!	10:30 Rosary B-1 10:30 Devotions (WCL) 1:30 Skip-Bo 2:30 Zumba with AJ 3:15 Bring Something You Love Social 6:30 BINGO!	10:00 Catholic Mass (KIVA) 10:30 Exercise w/ Alicia (WCL) 1:30 Bible Study 1:30 Manicures 3:00 Cooking Club 6:30 BINGO!	9:30 Flower Arranging 10:30 Stretcherize 1:30 Domino Club 1:30 Scenic Drive 3:00 Welcome New Residents Social 6:30 BINGO!		

The Daily Schedule Meal Times

Breakfast:
Memory Care:
8:00am

1st 8:00am
2nd 8:30am
3rd 8:30am

Lunch:
Memory Care:
11:30am

1st 11:30am
2nd 12:15pm
3rd 12:30 pm

Dinner:
Memory Care:
4:30pm

1st 4:30pm
2nd 5:15pm
3rd 5:30 pm

Snack Cart
available daily from
7-8:30pm