



**The Daily  
Schedule  
Meal Times**

**Breakfast:**  
Memory Care:  
8:00am

1st 8:00am  
2nd 8:30am  
3rd 8:30am

**Lunch:**  
Memory Care:  
11:30am

1st 11:30am  
2nd 12:15pm  
3rd 12:30 pm

**Dinner:**  
Memory Care:  
4:30pm

1st 4:30pm  
2nd 5:15pm  
3rd 5:30 pm

**Snack Cart**  
available daily  
from  
7-8:30pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
WCL-Woodside Cedar Lounge 1st floor SCU-Memory Care B-1- 1st Floor A-1- 1st Floor		Activities may change, please make sure you look on the daily sheets next to the dining rooms for any changes in the schedule on a daily basis. It is also helpful to be on time to activities so we can follow our schedule to our best ability			10:30 Music Together 2:00 Exercise with Alecia 3:00 Sing along Happy Hour with Becky	10:00 Music with Sara (WCL) 1:00 SCU Visits 2:00-3:00 Resident Lead Games in Activity Room
3	4	Mardi Gras 5	Ash Wednesday 6	7	8	9
9:30 SCU Visits 10:30 Manicures 1:00 SCU Visits 2:00 Vespers-(KIVA) 2:30 BINGO!	10:30 Coffee and Resident Council 1:30 How Much do you Know Trivia 2:00 Manicures-(SCU) 2:30 Gentle Fitness 3:00 Gene Plays Violin	10:30 Rosary B-1 10:30 Devotions (WCL) 1:30 Word Games 2:30 Zumba with AJ 3:15 Mardi Gras Party 6:30 BINGO!	10:30 Exercise w/ Alicia (WCL) 1:00 Ash Distribution (KIVA) 1:30 Bible Study 2:00 Manicures 3:00 March Craft 6:30 BINGO!	9:30 Flower Arranging 10:30 Stretcherize 11:30 Lunch Outing to La Rue's 3:00 Touch and See Art: Mexico 6:30 BINGO!	10:00 Music Together 1:45 Tai Chi with Ed 3:00 AnDro Celtic Music	9:30 SCU Visits 10:30 Yahtzee 1:00 Manicures (SCU) 2:00 Sit and Be Fit 2:45 BINGO!
Day Light Saving 10	11	12	13	14	15	16
9:30 Stretches (SCU) 10:30 Tea and Trivia by the Fireplace (WCL) 1:00 SCU Visits 2:00 Manicures 2:00 Vespers-(KIVA) 3:30 Sunday Exercise	10:30 Coffee and Current Events 1:30 Word Games 2:00 Manicures (SCU) 2:30 Gentle Fitness 3:15 Roll a Leprechaun Game	10:30 Rosary B-1 10:30 Devotions (WCL) 1:30 Lets Play Checkers! 2:30 Zumba with AJ 3:15 Randy Plays Piano (WCL) 6:30 BINGO!	10:30 Exercise with Alicia (WCL) 10:30 Low Vision Support Group(A1) 1:30 Bible Study 1:30 Manicures 3:00 Amazing Ireland Slideshow 6:30 BINGO!	9:30 Flower Arranging 10:30 Stretcherize 1:30 Domino Club 3:30 Singing with Jerry Ball 6:30 BINGO!	10:30 Music Together 2:00 Exercise with Alecia 3:00 Ides of March Happy Hour	9:30 SCU Visits 10:30 Beading 2:00 BINGO 3:30 Mike McLain Sings
St. Patrick's Day 17	18	19	Spring Begins 20	21	22	23
9:30 SCU Visits 10:30 Manicures 1:00 SCU Visits 2:00 St. Patrick's Day Social 2:00 Vespers-KIVA 3:30 Exercise with WMU	10:30 Coffee and Trivia 10:30 Veteran's Club 1:30 Concentration 2:00 Manicures (SCU) 2:30 Gentle Fitness 3:15 Chris Sloan Sings	10:30 Rosary B-1 10:30 Devotions (WCL) 1:30 Yahtzee 2:30 Sit and Be Fit Exercise 3:15 Food & Beverage/Resident Input Hour 6:30 BINGO!	10:30 Exercise in WCL 1:30 Bible Study 1:30 Yahtzee 3:00 Manicures 6:30 BINGO!	9:30 Flower Arranging 10:30 Stretcherize 1:30 Scenic Drive 3:00 Tea and Trivia Thursday 6:30 BINGO!	10:00 Music Together 1:45 Tai Chi with Ed 3:00 Happy Hour and Celebrate Birthdays with Jerry Ball	9:30-11:30 Focus Volunteers 10:00 Music with Sarah (WCL) 1:00 Manicures (SCU) 2:00 Afternoon Exercise! 2:45 BINGO!
24/31	25	26	27	28	29	30
9:30 SCU Visits 10:30 Hot Cocoa and Trivia 1:00 SCU Visits 2:00 Vespers-(KIVA) 2:00 Manicures 3:30 Exercise with WMU	10:30 Coffee and Current Events 1:30 Word Games 2:00 Manicures (SCU) 2:30 Gentle Fitness 3:15 Cover that Number Game	10:30 Rosary B-1 10:30 Devotions (WCL) 1:30 Brain Teasers 2:30 Zumba with AJ 3:15 Cover that Number Game 6:30 BINGO!	10:00 Catholic Mass (KIVA) 10:30 Exercise w/ Alicia (WCL) 1:30 Bible Study 1:30 Horse Races 3:00 Manicures 6:30 BINGO!	9:30 Flower Arranging 10:30 Stretcherize 1:30 Domino Club 3:00 April Showers Painting with Alicia 6:30 BINGO!	10:00 Music Together 2:00 Exercise with Alecia 3:00 Is it Spring Yet Happy Hour?	9:30 SCU Visits 10:30 Trivia and Coffee 1:00 Manicures (SCU) 2:00 BINGO 3:30 Paul Christopher Sings