

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div style="display: flex; justify-content: space-between;"> <div data-bbox="93 231 652 635" style="border: 1px solid black; padding: 5px;"> <p><b>Room Key:</b>                      K- Kiva                      C- Commons                      CC- Commons Conf.                      CL- Commons Living Rm.                      CR- Craft Room                      R- Recreation Room                      FC- Fitness Center                      FL- Fitness Lounge                      GFS- Group Fitness Studio                      WCL- Woodside Cedar Lounge</p> </div> <div data-bbox="885 241 1351 372" style="border: 1px solid black; padding: 5px; text-align: center;"> <p>Coffee is available daily at 2:30 in the Café</p> </div> <div data-bbox="854 383 1383 645" style="text-align: center;">  <p><b>FRIENDSHIP VILLAGE</b> Senior Living Community WHERE CONNECTIONS MATTER</p> </div> <div data-bbox="1554 221 3014 514" style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;"><b>Dimensions of Wellness</b></p> <div style="display: flex; justify-content: space-around; align-items: center;">  Emotional                      Environmental                      Health Services                      Intellectual                      Physical                      Social                      Spiritual                      Vocational                 </div> </div> <div data-bbox="1787 534 2890 594" style="border: 1px solid black; padding: 5px; text-align: center;"> <p><b>SPECIAL EVENTS</b>   <b>WELLNESS EVENTS</b>   <b>EDUCATIONAL EVENTS</b></p> </div> </div>						
	<p><b>1</b></p> <p>9:30 Interval                      11:00 Parkinson's Exercise                      11:30 NO Apple Device                      Classes by Cheri -B-1</p> <p>1:00 Needlers -B-1                      1:15 Seniors of Strength                      2:00 My Brain is Strong                      and Healthy -K</p>	<p><b>2 Ashley 11 to 7</b></p> <p>9:30 Better Balance                      10:00 Reading Circle -A-1                      10:30 Rosary -B-1                      LV10:30 KARSP                      11:30 Stretch and Strength</p> <p>1:00 Senior Yoga                      2:00 Chair Yoga                      2:00 Scott Robins                      Sax Music Program -K                      3:00 Creative Writing w/Wilma -CC                      3-5 Open Bridge -Café                      3:00 Dance with Parkinson's</p> <p>7:00 Pinochle -CL                      7:15 Kiva Movie:                      Bridges of Madison County</p>	<p><b>3 Ashley 2:30 to 5</b></p> <p>9:30 Interval                      9:45 Tall Tales with                      David Millard, Judy                      McClelland &amp; Dave                      McShane                      "3 Flew Over the Coo                      Coo's Nest" - K</p> <p>10:00 NO Music Together                      11:00 Men's Chorus -GFS</p> <p>1:00 Video Production -B-1                      Gilmore Artist                      Leif Ove Andsnes                      1:15 Seniors of Strength</p> <p>3:00 Volunteer Recognition                      Happy Hour -K</p> <p>7:15 Scrabble -CL</p>	<p><b>4 Ashley 11 to 7</b></p> <p>9:30 Better Balance                      10:00 Kitchen Band -K                      10:00 Reading Circle                      With Cheri -CC                      10:45 NO Joyful Living B-1                      Class Today                      11:00 Parkinson's Exercise</p> <p>1:00 Betsy's Corner -K                      with Ken</p> <p>1:15 Advanced Fitness                      2:00 Hearing Clinic -B-1                      2:15 Learning Alexa -K                      (Come discover the wonders                      of Alexa and Voice activated                      technology)</p> <p>5-7 WMU LLL The                      Constitution -K                      7:00 Pinochle - CL</p>	<p><b>5 Ashley 9 to 5</b></p> <p>10:00 Current Events                      Discussion -CC                      10:00 Bible Study -A-1                      11:00 Chorus -K                      11:30 Stretch and Strength</p> <p>1:15 Seniors of Strength                      3-5 Open Bridge -Café</p> <p>7:00 Wii Bowling with                      Jenny -K</p>	<p><b>6</b></p> <p>LV 10 :00                      Mall Run &amp; Trader Joes                      11:00 Play Reading Club                      -CC</p> <p>1:00 Michigan Career Tech                      CNA Graduation Class -K</p> <p>LV 6:30 Kalamazoo                      Symphony Mahler's 5<sup>th</sup></p>
<p><b>7</b></p> <p>2:00 Vespers                      With Mark Roberts -K                      4:00 Wii Bowling                      With Bob -K</p> <p>6:30 Evening Vespers                      Service Rebroadcast with                      First United Methodist                      Church in the Kiva</p>	<p><b>8 Ashley 9 to 11:30</b></p> <p>9:30 Interval                      10-12 WMU Beatles Before                      Ed Sullivan -K                      10:00 B-Day Social Hour -WCL                      11:00 Parkinson's Exercise                      11:30 Apple Device                      Classes by Cheri -B-1                      12:00 to 1:00                      Pearl Vision Eyeglass                      Cleaning Clinic -C                      1:00 Needlers -B-1                      1:15 Seniors of Strength                      2:00 Gilmore Car Museum                      Detroit and the Arsenal of                      Democracy -K                      3:00 Healthy Eating by                      Dietician Barb -GFS                      7:00 Bingo -GFS</p>	<p><b>9 Ashley 11 to 5</b></p> <p>9:30 Better Balance                      10:00 Resident Council -K                      10:30 Rosary -B-1                      11:00 First Congregational                      Church Fellowship Gr. -CC                      11:30 Stretch and Strength</p> <p>1:00 Senior Yoga                      2:00 Chair Yoga                      3:00 Creative Writing w/Wilma -CC                      3-5 Open Bridge -Café                      3:30 House Plant Club -GF Kit.                      3:00 Dance with Parkinson's                      4:00-5:30 Parkinson's                      Support Group -K                      7:00 Pinochle -CL                      7:15 Kiva Movie:                      Dirty Rotten Scoundrels</p>	<p><b>10 Mark 11 to 6 Ash 8:15-</b>                      LV 8:30 Women Brkfst                      Buckey's Cafe                      9:30 Interval                      10:00 Music Together                      WS Activity Room                      10:00 From the Workbench                      with Brandon -K                      11:00 Men's Chorus -GFS</p> <p>1 to 4 Oshtemo Branch                      Library at FV Library                      1:15 Seniors of Strength                      3:30 Happy Hour -Café</p> <p>LV5:30 from WMU Bernhard                      6:00 Resilience -GFS                      7:00 Fine Films &amp; Talk                      with Joe: Nebraska                      7:15 Scrabble -CL</p>	<p><b>11 Ashley 11 to 5</b></p> <p>9:30 Better Balance                      10:00 Kitchen Band -K                      10:00 Reading Circle                      With Cheri -CC                      10:45 Joyful Living B-1                      Through Mindfulness                      11:00 Parkinson's Exercise</p> <p>1:00 Second Quarter                      Garden Home Meeting -K                      1:15 Advanced Fitness</p> <p>5-7 WMU LLL The                      Constitution -K                      7:00 Pinochle -CL</p>	<p><b>12 Ashley 10 to 4</b></p> <p>10:00 Current Events                      Discussion -CC                      10:00 Bible Study -A-1                      11:00 Chorus -K                      11:30 Stretch and Strength</p> <p>2:00 to 4:00                      Employee and Resident                      Putt Putt Masters -C                      Arnold Palmers will be served                      1:15 Seniors of Strength                      2:00 Book Nook B-1                      3-5 Open Bridge -Cafe                      7:00 Wii Bowling with                      Jenny -K                      LV 7:15 Kalamazoo                      Symphony Women Rock</p>	<p><b>13 Ashley 10 to 4</b></p> <p>LV 10 :00                      Mall Run &amp; Trader Joes                      10:00 Computer Help, Talk                      and Learn with Rob -K</p> <p>2:00 Kalamazoo Children's                      Chorus -K</p> <p>LV6:45 Kalamazoo Concert                      Band at Chenery                      "One Small Step: A                      Multimedia Performance"                      7:00 Bingo -GFS</p>

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>14</p> <p>2:00 Vespers With Mark Roberts -K LV3:15 Rising Star Performance at Wellspring Theater by Zhang Zuo 4:00 Wii Bowling With Bob -K</p> <p>6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</p>	<p>15</p> <p>9:30 Interval 10-12 WMU Beatles Before Ed Sullivan -K 10:30 Veteran's Club -WCL 11:00 Parkinson's Exercise 11:30 Apple Device Classes by Cheri -B-1 1:00 Needlers -B-1 1:15 Seniors of Strength 2:00 Town Hall Gathering -K New Resident Introduced 6:15 Sing Along w/ Marilyn -C</p>	<p>16 Ashley 11 to 7</p> <p>9:30 Better Balance 10:00 Reading Circle -CC 10:30 Rosary -B-1 11:30 Stretch and Strength</p> <p>1:00 Senior Yoga 2:00 Chair Yoga 2:00 Gary Brandt and Jackie Davidson Folk Music Program -K 3:00 Creative Writing w/Wilma -CC 3-5 Open Bridge -Café 3:00 Dance with Parkinson's</p> <p>7:00 Pinochle -CL 7:15 Kiva Movie: Invictus</p>	<p>17 Marketing 11 to 6</p> <p>9:30 Interval 10:00 Music Together WS Activity Room 10:30 Low Vision Support Group -A-1 11:00 Men's Chorus -GFS</p> <p>1:00 Video Production -B-1 Gilmore Rising Star Daniel Hsu 1:15 Seniors of Strength 3:30 Happy Hour -Cafe</p> <p>LV6:15 Reading Together Author Visit at Miller 7:15 Scrabble -CL</p>	<p>18 (Model Fitting Day) Ash 11-7</p> <p>9:30 Better Balance 10:00 Kitchen Band -K 10:00 Reading Circle With Cheri -CC 10:45 Joyful Living B-1 Through Mindfulness 11:00 Parkinson's Exercise</p> <p>1:15 Advanced Fitness 2:00 Third Thursday -K Living Well at FVK by Ken Greschak 5-7 WMU LLL The Constitution -K 7:00 Pinochle -CL</p>	<p>19 Good Friday Ash 9-5</p> <p>10:00 Current Events Discussion -CC 10:00 Bible Study -A-1 11:00 Chorus -K 11:30 Stretch and Strength</p> <p>1:15 Seniors of Strength 2:00 Annual Resident and Employee Variety Show -K 3-5 Open Bridge -Café</p> <p>7:00 Good Friday Service with Mark Roberts -K</p>	<p>20</p> <p>9:00 Conscious Aging Class with Ruth Eichler Part 2 -K (You must sign up to attend this 4 part class) LV 10 :00 Mall Run &amp; Trader Joes</p> <p>11:00 Play Reading Club -CC</p> <p>7:15 Ralph's Movie -K Witness</p>
<p>21 EASTER</p> <p>2:00 Vespers With Mark Roberts -K 4:00 Wii Bowling With Bob -K</p> <p>6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</p>	<p>22</p> <p>9:30 Interval 10-12 WMU Beatles Before Ed Sullivan -K 11:00 Parkinson's Exercise 11:30 Apple Device Classes by Cheri -B-1 1:00 Needlers -B-1 1:15 Seniors of Strength 2:00 WMU Professor Paul Clements "Friendship Village: Contributing to MI Sustainability" 7:00 Film and Conversation The Human Element -K Led by Kim Cummings 7:00 Bingo -GFS</p>	<p>23 Ashley 2 to 8</p> <p>9:30 Better Balance 10:00 Reading Circle -CC 10:30 Rosary -B-1 11:30 Stretch and Strength LV 11:00 Out to Lunch Cracker Barrel in B.C.</p> <p>1:00 Senior Yoga 2:00 Chair Yoga 2:00 Vic Eichler Our Endangered Earth -K 3:00 Creative Writing w/Wilma-CC 3-5 Open Bridge -Café 3:00 Dance with Parkinson's 6:00 Rehab Art Gallery Open House 7:00 Pinochle -CL 7:15 Kiva Movie: To Sir with Love</p>	<p>24 Mark 11 to 6 Ash 2:30-5</p> <p>9:30 Interval 10:00 Music Together WS Activity Room 10:00 Catholic Mass -K with Father Potter</p> <p>11:00 Men's Chorus -GFS</p> <p>1 to 3 Oshtemo Branch Library at FV Library 1:15 Seniors of Strength 3 to 4 Oshtemo Branch Book Club in B-1 Lounge 3:30 Happy Hour -Cafe 7:15 Scrabble -CL</p>	<p>25 (Model Fitting Day) Ash 11-5</p> <p>9:30 Better Balance 10:00 Kitchen Band -K 10:00 Reading Circle With Cheri -CC 10:45 Joyful Living B-1 Through Mindfulness 11:00 Parkinson's Exercise</p> <p>1:15 Advanced Fitness 1 - 3 WMU LLL Digital Theater -B-1 2:00 Episcopal Eucharist -B-1 7:00 Pinochle -CL</p>	<p>26 Ashley 10 to 4</p> <p>9:00 Men's Breakfast -Café 10:00 Current Events Discussion -CC 10:00 Bible Study -A-1 11:00 Chorus -K 11:30 Stretch and Strength</p> <p>LV1:00 Tanger Outlet Mall and Dinner at Salvino's with Corinne 1 - 3 WMU LLL Digital Theater 1:15 Seniors of Strength 3-5 Open Bridge -Café</p> <p>7:00 Wii Bowling w/Jenny -K</p>	<p>27 Ashley 10 to 4</p> <p>LV 10 :00 Mall Run &amp; Trader Joes 10:00 Computer Help, Talk and Learn with Rob -K</p> <p>2:00 Suzuki Academy Piano Recital -K</p> <p>7:00 Bingo -GFS</p>
<p>28</p> <p>2:00 Vespers With Mark Roberts -K LV 3:00 Bach Festival at Chenery Carmina Burana 4:00 Wii Bowling With Bob -K</p> <p>6:30 Evening Vespers Service Rebroadcast with First United Methodist Church in the Kiva</p>	<p>29</p> <p>9:30 Interval 11:00 Parkinson's Exercise 11:30 Apple Device Classes by Cheri -B-1 1:00 Needlers -B-1 1:15 Seniors of Strength 3:30 Ted Talks with Ken -K</p>	<p>30 Ashley 11 to 7</p> <p>Red Cross Blood Drive 9:30 Better Balance 10:00 Reading Circle -CC 10:30 Rosary -B-1 11:30 Stretch and Strength 1:00 Senior Yoga 2:00 Chair Yoga 3:00 NO Creative Writing today 3-5 Open Bridge -Café 3:00 Dance with Parkinson's LV4:00 Dinner Out: Tosi's 7:00 Pinochle -CL 7:15 Kiva Movie: Zero Dark Thirty</p>				<p>Room Key:</p> <p>K- Kiva C- Commons CC- Commons Conf. CL- Commons Living Rm. CR- Craft Room R- Recreation Room FC- Fitness Center FL- Fitness Lounge GFS- Group Fitness Studio WCL- Woodside Cedar Lounge</p>



SPECIAL EVENTS WELLNESS EVENTS EDUCATIONAL EVENTS