

Sunday, August 6 th	Monday, August 7 th	Tuesday, August 8 th	Wednesday, August 9 th	Thursday, August 10 th	Friday, August 11 th	Saturday, August 12 th
<p>ENTRÉE Spaghetti & Meatballs</p> <p>Grilled Chicken w/ Fresh Salsa**(GF) <i>M</i></p>	<p>ENTRÉE Chicken Tenders w/ Dipping Sauce</p> <p>Lemon Basil Baked Fish **(GF) <i>M</i></p>	<p>ENTRÉE Supreme Pizza</p> <p>Four Cheese Pizza</p>	<p>Stir-Fry Station Beef Stir-Fry</p> <p>Chicken Stir-Fry</p> <p>Tofu Stir-Fry <i>M</i></p>	<p>ENTRÉE Fresh Salmon**(GF) <i>M</i></p> <p>Caribbean Pork w/ Caramelized Onions (GF)</p>	<p>ENTRÉE Classic Lasagna</p> <p>Roasted Chicken Thighs**(GF)</p>	<p>ENTRÉE Cod w/ Sweet & Sour Peppers**(GF) <i>M</i></p> <p>Beef Tips w/ Egg Noodles</p>
<p>Scrambled Eggs**(GF)</p> <p>Fresh Fruit Medley **(GF)</p>	<p>COOK TO SERVE Veggie Burger* Sirloin Steak** (GF) Chef's Fresh Catch** Grilled Chicken Breast** (GF) Baked Potato** (GF)</p>	<p>COOK TO SERVE Veggie Burger* Sirloin Steak** (GF) Chef's Fresh Catch** Grilled Chicken Breast** (GF) Baked Potato** (GF)</p>	<p>Assorted Egg Roll Hooray! Hooray!! It's Stir-Fry!!!</p>	<p>COOK TO SERVE Veggie Burger* Sirloin Steak** (GF) Chef's Fresh Catch** Grilled Chicken Breast** (GF) Baked Potato** (GF)</p>	<p>COOK TO SERVE Veggie Burger* Sirloin Steak** (GF) Chef's Fresh Catch** Grilled Chicken Breast** (GF) Baked Potato** (GF)</p>	<p>COOK TO SERVE Veggie Burger* Sirloin Steak** (GF) Chef's Fresh Catch** Grilled Chicken Breast** (GF) Baked Potato** (GF)</p>
<p>STARCH Roasted Potatoes **(GF)</p> <p>Mashed Potatoes** (GF)</p>	<p>STARCH Scalloped Potatoes (GF) Mashed Potatoes** (GF) Broccoli Salad (GF)</p>	<p>STARCH Penne Alfredo <i>M</i> Mashed Potatoes** (GF) Caprese Salad**(GF) <i>M</i></p>	<p>STARCH White Rice**(GF) Cabbage Crispy Noodle Salad</p>	<p>STARCH Mac & Cheese Mashed Potatoes** (GF) Waldorf Salad**(GF)</p>	<p>STARCH Rst. Red Potatoes** (GF) Mashed Potatoes** (GF) French Bistro Salad **(GF)</p>	<p>STARCH Mashed Sweet Potatoes**(GF) Mashed Potatoes** (GF) Beet Salad**(GF) <i>M</i></p>
<p>VEGETABLE Vegetable Medley **(GF) Green Beans**(GF)</p>	<p>VEGETABLE Sauteed Grape Tomatoes**(GF) <i>M</i> Rst. Zucchini Planks** (GF) <i>M</i></p>	<p>VEGETABLE Riced Cauliflower** (GF) <i>M</i> Fresh Spinach** (GF)</p>	<p>VEGETABLE Edamame**(GF) <i>M</i> <i>(Soy Bean, Plant Based High Protein Option)</i></p>	<p>VEGETABLE Baby Carrots** (GF) Fresh Broccoli** (GF)</p>	<p>VEGETABLE Roasted Yellow Squash **(GF) <i>M</i> Green Beans**(GF)</p>	<p>VEGETABLE Vegetable Medley **(GF) Peas** (GF)</p>
<p>DESSERT Pecan Pie Whole Hand Fruit</p>	<p>DESSERT Peaches & Cream Puff Whole Hand Fruit</p>	<p>DESSERT Seasonal Cheesecake Whole Hand Fruit</p>	<p>DESSERT Assorted Desserts Whole Hand Fruit</p>	<p>DESSERT Cherry Pie Whole Hand Fruit</p>	<p>DESSERT Angel Food Cake w/ Strawberry Topping Whole Hand Fruit</p>	<p>DESSERT Freshly Baked Cookies Whole Hand Fruit</p>

Menu A Week4

Chef's Selection Soup Turkey Salad Sandwich	Beef Vegetable Soup Deviled Egg Salad Croissant	Lobster Bisque French Dip	Cauliflower White Cheddar Soup (GF) Tuna Salad Sandwich	Lumberjack Vegetable Soup Turkey Club Wrap	Boston Clam Chowder Chicken Salad Sandwich	Classic Tomato Soup (GF) Grilled Ham & Cheese
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***HEART HEALTHY
INSPIRED**

(GF) GLUTEN FREE

**** REDUCED SODIUM**

*****PREMIUM MEAL**

***M* – MEDITERRANEAN**