

OCTOBER 2023

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

<p>01</p> <p>10:30 Sunday Trivia WA 1:00 SCU Visits SCU 2:00 Vespers with Mark Roberts K 2:30 Sunday Exercise WA 3:00 Manicures WA</p>	<p>02</p> <p>10:30 Flower Arranging WA 1:30 Remembering Julie Andrews WA 2:30 Gentle Fitness WA 3:15 Fall Tree Painting WA</p>	<p>03</p> <p>10:30 Tuesday Exercise WA 1:15 Aqua Strength ACP 1:30 Devotions WCL 3:00 Old Wives Tales: True or False WA 5:30 SCU Trivia SCU 6:30 BINGO WA</p>	<p>04</p> <p>10:30 Exercise with Fitness Center WA 1:30 Manicures WA 3:00 Susan Harrison Sings WA 5:30 SCU Trivia SCU 6:30 Wine and BINGO WA</p>	<p>05</p> <p>10:30 Exercise with Fitness Center WA 1:15 Aqua Strength ACP 1:30 Where in the World: Ancient Wonders WA 3:00 Touch and See Art: Fibers WA 5:30 SCU Trivia SCU 6:30 BINGO WA</p>	<p>06</p> <p>10:30 Exercise with the Fitness Center WA 1:00 Cooking Club: Apple Crisp WA 3:00 Fall Colors Happy Hour WA</p>	<p>07</p> <p>10:30 Saturday Exercise WA 1:00 Surprise Cooking Club SCU 2:00 Fall Smoothies and Chat WA 3:00 BINGO WA</p>
<p>08</p> <p>10:30 Sunday Trivia WA 1:00 SCU Visits SCU 2:00 Vespers with Mark Roberts K 2:30 Sunday Exercise WA 3:00 Manicures WA</p>	<p>09 Columbus Day</p> <p>10:30 Flower Arranging WA 1:30 The Magic of Music WA 2:30 Gentle Fitness WA 3:15 Harp with Ellie WCL</p>	<p>10</p> <p>10:30 Zumba with AJ WA 1:15 Aqua Strength ACP 1:30 Devotions WCL 3:00 Craft: Pumpkin Painting WA 5:30 SCU Trivia SCU 6:30 BINGO WA</p>	<p>11</p> <p>10:30 Exercise with Fitness Center WA 1:30 Manicures WA 3:00 Alicia's Slideshow: Solve a Mystery WA 5:30 SCU Trivia SCU 6:30 Wine and BINGO WA</p>	<p>12</p> <p>10:30 Exercise with Fitness Center WA 1:15 Aqua Strength ACP 1:30 Riddle me This WA 2:30 Music Therapy SCU 3:00 Jeopardy WA 5:30 SCU Trivia SCU 6:30 BINGO WA</p>	<p>13</p> <p>10:30 Name that Tune WA 1:30 Exercise with Kat WA 3:00 Friday the 13th Happy Hour WA</p>	<p>14</p> <p>10:30 Saturday Exercise WA 1:00 Balloon Tennis SCU 2:00 Coffee and Chat WA 3:00 BINGO WA</p>
<p>15</p> <p>10:30 Sunday Trivia WA 1:00 SCU Visits SCU 2:00 Vespers with Mark Roberts K 2:30 Sunday Exercise WA 3:00 Manicures WA</p>	<p>16</p> <p>10:30 Flower Arranging WA 1:30 Color Tour Bus Trip Bus 2:30 Gentle Fitness WA 3:15 Virtual Adventure: France WA</p>	<p>17</p> <p>10:30 Tuesday Exercise WA 1:15 Aqua Strength ACP 1:30 Devotions WCL 3:00 Craft: Web Painting WA 5:30 SCU Trivia SCU 6:30 BINGO WA</p>	<p>18</p> <p>10:30 Exercise with Fitness Center WA 1:30 Manicures WA 3:00 Music with Bob DeYoung WCL 5:30 SCU Trivia SCU 6:30 Wine and BINGO WA</p>	<p>19</p> <p>10:30 Exercise with Fitness Center WA 1:15 Aqua Strength ACP 1:30 Where in the World WA 2:30 Music Therapy SCU 3:00 Soda Float Social WA 5:30 SCU Trivia SCU 6:30 BINGO WA</p>	<p>20</p> <p>10:30 Exercise with the Fitness Center WA 1:30 Cooking Club: Fall Trail Mix WA 3:00 Happy Fall Y'all Happy Hour WA</p>	<p>21</p> <p>10:30 Music with Sara WCL 1:00 Cooking Club SCU 2:00 Saturday Exercise WA 3:00 BINGO WA</p>
<p>22</p> <p>10:30 Sunday Trivia WA 1:00 SCU Visits SCU 2:00 Vespers with Mark Roberts K 2:30 Sunday Exercise WA 3:00 Manicures WA</p>	<p>23</p> <p>10:30 Flower Arranging WA 1:30 Gentle Fitness WA 2:30 Music with David Molinari WCL 3:30 Wheel of Fortune WA</p>	<p>24</p> <p>10:30 Zumba with AJ WA 1:15 Aqua Strength ACP 1:30 Devotions WCL 3:00 Alicia's Slideshow: Haunted Michigan WA 5:30 SCU Trivia SCU 6:30 BINGO WA</p>	<p>25</p> <p>10:00 Catholic Mass WCL 10:30 Exercise with Fitness Center WA 1:30 Manicures WA 2:00 Make your own Treat WA 3:00 Sing along with Nancy WA 5:30 SCU Trivia SCU 6:30 Wine and BINGO WA</p>	<p>26</p> <p>10:30 Exercise with Fitness Center WA 11:30 Lunch Bunch: Jac's Pizza Bus 1:15 Aqua Strength ACP 2:30 Music Therapy SCU 3:30 Music Student Hanna WCL 5:30 SCU Trivia SCU 6:30 Fall Sing along with Pat and Sam WCL</p>	<p>27</p> <p>10:30 Craft: Fall Button Art WA 1:30 Exercise with Kat WA 3:00 Happy Hour WA 3:30 Celebrate Birthdays with Jerry Ball WA</p>	<p>28</p> <p>10:30 Saturday Exercise WA 1:00 Balloon Tennis SCU 2:00 Hot Coco and Chat WA 3:00 BINGO WA</p>
<p>29</p> <p>10:30 Halloween Movie WCL 1:00 SCU Visits SCU 2:00 Vespers with Mark Roberts K 2:30 Sunday Exercise WA 3:00 Manicures WA</p>	<p>30</p> <p>10:30 Flower Arranging WA 1:30 Halloween Brain Games WA 2:30 Gentle Fitness WA 3:15 Spooky Social Hour WA</p>	<p>31 Halloween</p> <p>10:30 Trick or Treaters C 10:30 Tuesday Exercise WA 1:15 Aqua Strength ACP 1:30 Devotions WCL 2:30 FVK Staff Halloween Costume Showcase K 5:30 SCU Trivia SCU 6:30 BINGO WA</p>			<p>Meeting Places</p> <p>WA The Woodside Activity Room SCU The Woodside Memory Care WCL The Woodside Cedar Lounge K The Kiva ACP The Aquatic Pool Bus The Bus C The Commons</p>	