

OCTOBER 2024

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



01
10:30 **Build and Take home a bouquet of flowers** WA
1:30 Devotions WCL
3:00 Tuesday Exercise WA
5:30 SCU Balloon Tennis SCU
6:30 Movie: Willy Wonka and the Chocolate Factory WA

02
10:00 Music Therapy SCU
10:30 Exercise with Fitness Center WA
1:30 Manicures WA
3:00 **Susan Harrison Sings** WA
5:30 SCU Trivia SCU
6:30 Wine and BINGO WA

03
10:30 Exercise with Fitness Center WA
1:30 Pumpkin Painting WA
3:00 **Touch and See Art: Far East** WA
5:30 SCU Short Film Fun SCU
6:30 Armchair Travel: Ecuador WA

04
10:30 Exercise with the Fitness Center WA
1:30 Cooking Club: Oktoberfest Cupcakes WA
3:00 Oktoberfest Happy Hour WA

05
10:30 **Music with Sara** WCL
1:00 Balloon Tennis SCU
2:00 Saturday Exercise WA
3:00 Alicia's Slideshow: Strange Animals WA

06
10:30 Sunday Trivia WA
1:00 SCU Manicures SCU
1:30 **Catholic Mass** WCL
2:00 Vespers with Mark Roberts K
2:30 Sunday Exercise WA
3:00 Manicures WA

07
10:30 Morning Coffee and Chat WA
1:30 Jeopardy WA
2:30 Gentle Fitness WA
3:15 **Harp Music with Ellie** WCL

08
10:30 **Zumba with AJ** WA
1:30 Devotions WCL
3:00 Trader Joe's Try it Tuesday WA
5:30 SCU Balloon Tennis SCU
6:30 Movie: Dolphin Tale WA

09
10:00 Music Therapy SCU
10:30 Exercise with Fitness Center WA
1:30 Manicures WA
3:00 One Hit Wonders Trivia WA
5:30 SCU Trivia SCU
6:30 Wine and BINGO WA

10
10:30 Exercise with Fitness Center WA
2:00 **Kitchen Band Fall Concert** K
3:00 **Sing along with Pat and Sam** WCL
5:30 SCU Short Film Fun SCU
6:30 Armchair Travel: Singapore WA

11
10:30 Cooking Club: Pumpkin Cheesecake Bars WA
1:00-3 **Flu Clinic** WL
1:30 **Exercise with Kat** WA
3:00 Happy Fall Ya'll WA

12
10:30 Saturday Exercise WA
1:00 Balloon Tennis SCU
2:00 Coffee and Chat WA
3:00 Cooking Club: Pumpkin Muffins WA

13
10:30 Sunday Trivia WA
1:00 SCU Manicures SCU
1:30 **Catholic Mass** WCL
2:00 Vespers with Mark Roberts K
2:30 Sunday Exercise WA
3:00 Manicures WA

14 Columbus Day
10:30 Fall Creative Painting WA
1:30 **Woodside Color Tour** Bus
2:30 Gentle Fitness WA
3:15 Columbus Day Social WA

15
10:30 Tuesday Exercise WA
1:30 Devotions WCL
3:00 **Music with Chris Sloan** WA
5:30 SCU Balloon Tennis SCU
6:30 Movie: Night at the Museum WA

16
10:00 Music Therapy SCU
10:30 Exercise with Fitness Center WA
1:30 Manicures WA
3:00 **Music with Bob DeYoung** WCL
5:30 SCU Trivia SCU
6:30 Wine and BINGO WA

17
10:30 Exercise with Fitness Center WA
11:30 **Lunch Bunch-Main Street Pub** Bus
3:00 Popcorn and It's a Great Pumpkin, Charlie Brown WA
5:30 SCU Short Film Fun SCU
6:30 Armchair Travel: Wales WA

18
10:30 Exercise with the Fitness Center WA
1:30 Crafts with Becky WA
3:00 Gone Batty Happy Hour WA

19
10:30 **Music with Sara** WCL
1:00 Balloon Tennis SCU
2:00 Saturday Exercise WA
3:00 Alicia's Slideshow: Salem Witch History WA

20
10:30 Sunday Trivia WA
1:00 SCU Manicures SCU
1:30 **Catholic Mass** WCL
2:00 Vespers with Mark Roberts K
2:30 Sunday Exercise WA
3:00 Manicures WA

21
10:30 Gentle Fitness WA
1:30 10 Clue What is it Game WA
2:30 **Music with David Molinari** WCL
3:30 Apple Cider Slushies WA

22
9:30-11:30 **COVID/RSV Clinic** WL
10:30 **Zumba with AJ** WA
1:30 Devotions WCL
3:00 Trader Joe's Try it Tuesday WA
5:30 SCU Balloon Tennis SCU
6:30 Movie: Let It Be WA

23
10:00 Music Therapy SCU
10:30 Exercise with Fitness Center WA
1:30 Manicures WA
3:00 **Music with Sara** WCL
5:30 SCU Trivia SCU
6:30 Wine and BINGO WA

24
10:30 Exercise with Fitness Center WA
1:30 Wheel of Fortune WA
3:00 Alicia's Slideshow: Solve a Mystery WA
5:30 SCU Short Film Fun SCU
6:30 Armchair Travel: Iceland WA

25
10:30 National Frankenstein Friday WA
1:30 **Exercise with Kat** WA
3:00 Happy Hour WA
3:30 **Celebrate Birthdays with Jerry Ball** WA

26
10:30 Saturday Exercise WA
1:00 Balloon Tennis SCU
2:00 Coffee and Chat WA
3:00 **Halloween Trick or Treating with Staff Children** WCL

27
10:30 Sunday Trivia WA
1:00 SCU Manicures SCU
1:30 **Catholic Mass** WCL
2:00 Vespers with Mark Roberts K
2:30 Sunday Exercise WA
3:00 Manicures WA

28
10:30 Early Bird Bingo WA
1:30 Believable or Batty Game WA
2:30 Gentle Fitness WA
3:15 Superstitious Social WA

29
10:30 Tuesday Exercise WA
1:30 Devotions WCL
3:00 **Fred Walker Sings** WCL
5:30 SCU Balloon Tennis SCU
6:30 Movie: Hocus Pocus WA

30
10:00 Music Therapy SCU
10:30 Exercise with Fitness Center WA
1:30 Manicures WA
3:00 Alicia's Slideshow: Haunted Michigan WA
5:30 SCU Trivia SCU
6:30 Wine and BINGO WA

31 Halloween
10:30 Trick or Treaters C
2:00 Halloween Costume Showcase K
3:00 Halloween Spooktacular WA
5:30 SCU Short Film Fun SCU
6:30 Armchair Travel: Poland WA

Meeting Places
Bus The Bus
C The Commons
K The Kiva
WA The Woodside Activity Room
WCL The Woodside Cedar Lounge
WL The Woodside Lobby
SCU The Woodside Memory Care

