

FEBRUARY 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

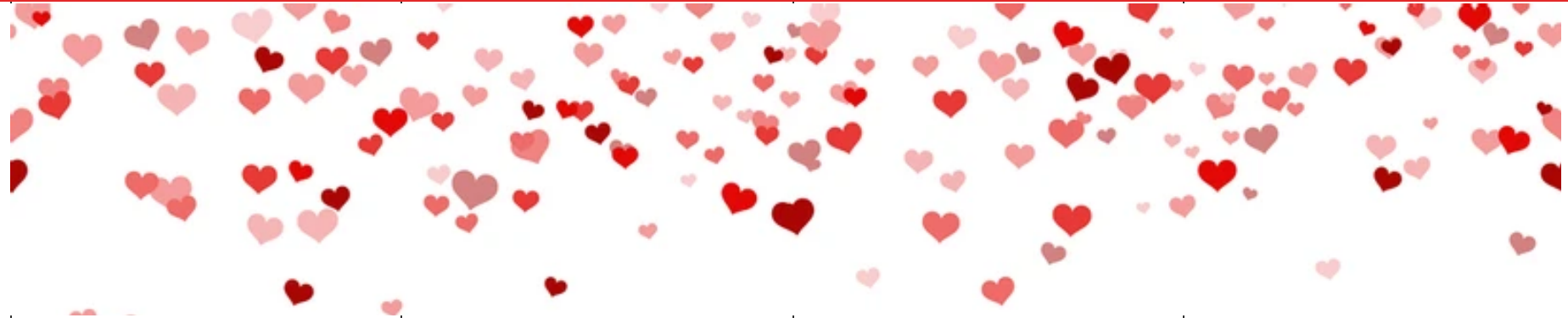
THURSDAY

FRIDAY

SATURDAY

Meeting Places
Bus The Bus
CC The Commons Conference Room
GFS The Group Fitness Studio
K The Kiva
WA The Woodside Activity Room
WCL The Woodside Cedar Lounge
SCU The Woodside Memory Care

WA Woodside Activity Room



01
 10:30 **Music with Sara** WCL
 1:00 SCU Cocoa and Reminisce SCU
 2:00 Saturday Exercise WA
 3:00 Cooking Club: Groundhog Day Treats WA

02
 10:30 Sunday Exercise WA
 1:00 SCU Manicures SCU
 1:00 Catholic Mass GFS
 2:00 Manicures WA
 2:00 Vespers with Mark Roberts K
 3:00 Groundhog Day Party WA

03
 10:30 Flower Arranging WA
 1:30 Gentle Fitness WA
 2:30 **Music with David Molinari** WCL
 3:30 Video Fun! WA
 3:30 Video Fun! Commercials from the Past WA

04
 10:30 Tuesday Exercise WA
 1:30 Devotions WCL
 3:00 Trader Joe's Try it Tuesday WA
 5:30 SCU Balloon Tennis SCU
 6:30 Movie: Wicked Part 1 WA

05
 10:00 Music Therapy SCU
 10:30 Exercise with Fitness Center WA
 1:30 Manicures WA
 3:00 **Susan Harrison Sings!** WA
 5:30 SCU Trivia SCU
 6:30 Wine and BINGO WA

06
 10:30 Exercise with Fitness Center WA
 1:30 Crafternoon with Becky WA
 3:00 **Touch and See Art: Baskets and Boxes** WA
 5:30 SCU Short Film Fun SCU
 6:30 Spintopia Game WA

07
 10:30 Cooking Club: Strawberry Fields Cupcakes WA
 1:30 **Exercise with Kat** WA
 3:00 All You Need is Love Happy Hour with The Beatles Slideshow WA
 7:00 **Stulberg Featured Artist Concert** K

08
 10:30 Saturday Exercise WA
 1:00 Parachute Game SCU
 2:00 Indoor Walking Club WA
 3:00 Popcorn and the Ed Sullivan Show WA

09
 10:30 Sunday Exercise WA
 1:00 SCU Manicures SCU
 1:00 Catholic Mass GFS
 2:00 Manicures WA
 2:00 Vespers with Mark Roberts K
 3:00 Superbowl Sunday Pre-Party WA

10
 10:30 Flower Arranging WA
 1:30 **Cheryl Beauchamp Piano Concert** K
 2:30 Gentle Fitness WA
 3:00 **Ellie Sophia Plays the Harp** WCL

11
 10:30 **Zumba with AJ** WA
 1:30 Devotions WCL
 3:00 **Chris Sloan Performs!** WA
 5:30 SCU Balloon Tennis SCU
 6:30 Movie: Wicked Part 2 WA

12
 10:30 Exercise with Fitness Center WA
 1:30 Manicures WA
 3:00 Alicia's Slideshow: History of Valentines Day WA
 5:30 SCU Trivia SCU
 6:30 Wine and BINGO WA

13
 10:30 Exercise with Fitness Center WA
 1:30 Name that Tune Songs of Heartbreak WA
 3:00 Remembering Valentines Day WA
 5:30 SCU Short Film Fun SCU
 7:00 **Matthew Fries Piano Concert** K

14 Valentine's Day
 10:30 **Music with Carolyn** WCL
 1:30 Music Therapy SCU
 1:30 Stretcherize WA
 3:00 Happy Valentines Day Party with Cupid Floats WA

15
 10:30 Saturday Exercise WA
 1:00 **Intergenerational Tea Party with Piano by Cheryl** WCL
 3:30 Ally's Choice Activity WA

16
 10:30 Sunday Exercise WA
 1:00 SCU Manicures SCU
 1:00 Catholic Mass GFS
 2:00 Vespers with Mark Roberts K
 2:30 Learn the Cupid Shuffle Chair Version WA
 3:00 Manicures WA

17 President's Day
 10:30 Flower Arranging WA
 1:30 Cooking Club: President Brownies WA
 2:30 Gentle Fitness Presidents Edition WA
 3:15 President's Day Social WA

18
 10:30 Tuesday Exercise WA
 1:30 Devotions WCL
 3:00 Trader Joe's Try it Tuesday WA
 5:30 SCU Balloon Tennis SCU
 7:00 **Double Play Flute & Tuba Performance** K

19
 10:00 Music Therapy SCU
 10:30 Exercise with Fitness Center WA
 1:30 Manicures WA
 3:00 **Bob DeYoung Sings!** WCL
 5:30 SCU Trivia SCU
 6:30 Wine and BINGO WA

20
 10:30 Exercise with Fitness Center WA
 11:30 **Lunch Bunch: Main Street Pub** Bus
 3:00 TV Flashbacks WA
 5:30 SCU Short Film Fun SCU
 6:30 Armchair Travel-Czech Republic WA

21
 10:30 Cooking Club: Upside Down Pineapple Cupcakes WA
 1:30 **Exercise with Kat** WA
 3:00 We LOVE the 50's Happy Hour WA

22
 10:30 **Music with Sara** WCL
 1:00 Finish the Line Game SCU
 2:00 Saturday Exercise WA
 3:00 Name that Tune WA

23
 10:30 Sunday Exercise WA
 1:00 SCU Manicures SCU
 1:00 Catholic Mass GFS
 2:00 Vespers with Mark Roberts K
 2:30 Cocoa and Conversation WA
 3:00 Manicures WA

24
 10:30 Flower Arranging WA
 1:30 We Want Candy! Reminisce WA
 2:30 Gentle Fitness WA
 3:00 **Pat and Sam Love/Valentine Singalong** WCL

25
 10:30 **Zumba with AJ** WA
 1:30 Devotions WCL
 3:00 Trader Joe's Try it Tuesday WA
 5:30 SCU Balloon Tennis SCU
 6:30 Movie: Father of the Bride WA

26
 10:00 Music Therapy SCU
 10:30 Exercise with Fitness Center WA
 1:30 Manicures WA
 3:00 **Music with Sara** WCL
 5:30 SCU Trivia SCU
 6:30 Wine and BINGO WA

27
 10:30 Exercise with Fitness Center WA
 1:30 Crafternoon with Becky WA
 3:00 Alicia's Slideshow: The Underground Railroad WA
 5:30 SCU Short Film Fun SCU
 6:30 Spintopia Game WA

28
 10:30 Exercise with the Fitness Center WA
 1:30 Going to the Movies Reminisce WA
 3:00 Happy Hour WA
 3:30 **Celebrate Birthdays with Jerry Ball** WA