

MARCH 2025

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Meeting Places

- A1 The A1 Lounge
- Bus The Bus
- CC The Commons Conference Room
- GFS The Group Fitness Studio
- K The Kiva
- WA The Woodside Activity Room
- WCL The Woodside Cedar Lounge

- SCU The Woodside Memory Care
- WA Woodside Activity Room

01

- 10:30 **Music with Sara** WCL
- 1:00 **Cooking Club: Peanut Butter Lovers Day Cookies** SCU
- 2:00 **Saturday Exercise** WA
- 3:00 **Goodbye February Hello March Social** WA

02

- 10:30 **Sunday Exercise** WA
- 1:00 **Catholic Mass** GFS
- 1:00 **SCU Cooking Club: Dr. Suess Treats** SCU
- 2:00 **Manicures** WA
- 2:00 **Vespers with Mark Roberts** K
- 3:00 **Happy Birthday Dr. Seuss Social** WA

03

- 10:30 **Flower Arranging** WA
- 1:30 **Cooking Club: Mardi Gras Treat** WA
- 2:30 **Gentle Fitness** WA
- 3:15 **Crafternoon with Becky** WA

04

Fat Tuesday

- 10:30 **Tuesday Exercise** WA
- 1:30 **Devotions** WCL
- 3:00 **Mardi Gras Party** WA
- 5:30 **SCU Balloon Tennis** SCU
- 6:30 **Movie: Queen Bees** WA

05

Ash Wednesday

- 10:00 **Music Therapy** SCU
- 10:30 **Exercise with Fitness Center** WA
- 1:30 **Manicures** WA
- 3:00 **Popcorn and The Three Stooges!** WA
- 5:30 **SCU Trivia** SCU
- 6:30 **Wine and BINGO** WA

06

- 10:30 **Exercise with Fitness Center** WA
- 1:30 **Table Talk: National Oreo Cookie Day** WA
- 3:00 **Touch and See Art: Fibers** WA
- 5:30 **Reminiscing Group** SCU
- 6:30 **Armchair Travel: Ireland** WA

07

- 10:30 **Cooking Club: Irish Dessert** WA
- 1:30 **Exercise with Kat** WA
- 3:00 **Traveling Ireland Happy Hour with Slideshow** WA

08

- 10:30 **Saturday Exercise** WA
- 1:00 **SCU Visits** SCU
- 2:00 **Table Talk: Beauty Products from the Past** WA
- 3:00 **Alicia's Slideshow: Bizarre Food From Around the World** WA

09

Daylight Saving Begins

- 10:30 **Sunday Exercise** WA
- 1:00 **SCU Manicures** SCU
- 1:00 **Catholic Mass** GFS
- 2:00 **Vespers with Mark Roberts** K
- 2:30 **Roll a Leprechaun Game** WA
- 3:00 **Manicures** WA

10

- 10:30 **Flower Arranging** WA
- 1:30 **Irish Coffee and Music** WA
- 2:30 **Gentle Fitness** WA
- 3:15 **"Lucky" at Woodside Social** WA

11

Zumba with AJ

- 10:30 **Devotions** WCL
- 3:00 **Ruth and Don Matthews Sing!** WCL
- 5:30 **SCU Balloon Tennis** SCU
- 6:30 **Movie: Irish Wish** WA

12

- 10:00 **Music Therapy** SCU
- 10:30 **Exercise with Fitness Center** WA
- 1:30 **Manicures** WA
- 3:00 **David Veenstra Performs** WCL
- 5:30 **SCU Trivia** SCU
- 6:30 **Wine and BINGO** WA

13

Night of Purim

- 10:30 **Exercise with Fitness Center** WA
- 2:00 **Kitchen Band Concert** K
- 3:30 **Irish Carpet Bowls Game** WA
- 5:30 **Reminiscing Group** SCU
- 6:30 **Irish Sing Along** WA

14

Purim

- 10:30 **Exercise with the Fitness Center** WA
- 1:30 **Table Talk: Purim "Festival of Lots"** WA
- 3:00 **St. Patrick's Happy Hour with Shamrock Floats** WA

15

- 10:30 **Cooking Club: Ides of March Treat** WA
- 1:00 **SCU Visits** SCU
- 2:00 **Saturday Exercise** WA
- 3:00 **Beware of the Ides of March Social** WA

16

- 10:30 **Sunday Exercise** WA
- 1:00 **SCU Manicures** SCU
- 1:00 **Catholic Mass** GFS
- 2:00 **Manicures** WA
- 2:00 **Vespers with Mark Roberts** K
- 3:00 **March Madness Kick off Party** WA

17

Saint Patrick's Day

- 10:30 **Irish Dance Music with Carolyn** WCL
- 1:30 **Flower Arranging** WA
- 2:30 **Gentle Fitness** WA
- 3:00 **Randy Adams Plays Piano** WCL

18

- 10:30 **Tuesday Exercise** WA
- 1:30 **Devotions** WCL
- 3:00 **Trader Joe's Try it Tuesday** WA
- 5:30 **SCU Balloon Tennis** SCU
- 7:00 **Double Play Flute & Tuba Performance** K

19

- 10:00 **Music Therapy** SCU
- 10:30 **Exercise with Fitness Center** WA
- 1:30 **Manicures** WA
- 3:00 **Music with Sara** WCL
- 5:30 **SCU Trivia** SCU
- 6:30 **Wine and BINGO** WA

20

First Day of Spring

- 10:30 **Exercise with Fitness Center** WA
- 11:30 **LUNCH BUNCH** Bus
- 3:00 **National Alien Abduction Day: Slideshow on Michigan's Extraterrestrial** WA
- 5:30 **Reminiscing Group** SCU
- 6:30 **Henrick's Violin Performance** WA

21

- 10:30 **Cooking Club: Chocolate Chip Muffins** WA
- 1:30 **Exercise with Kat** WA
- 3:00 **In Like a Lion out Like a Lamb Happy Hour** WA

22

- 10:30 **Music with Sara** WCL
- 1:00 **SCU Visits** SCU
- 2:00 **Saturday Exercise** WA
- 3:00 **Alicia's Slideshow: Incredible Stories Part 2** WA

23

- 10:30 **Sunday Exercise** WA
- 1:00 **SCU Manicures** SCU
- 1:00 **Catholic Mass** GFS
- 2:00 **Vespers with Mark Roberts** K
- 2:30 **Sunday Trivia** WA
- 3:00 **Manicures** WA

24

- 10:30 **Flower Arranging** WA
- 1:30 **Table Talk: Show of Hands** WA
- 2:30 **Gentle Fitness** WA
- 3:15 **Lets Play Pokeno!** WA

25

Zumba with AJ

- 1:30 **Devotions** WCL
- 3:00 **Fred Walker Sings!** WCL
- 5:30 **SCU Balloon Tennis** SCU
- 6:30 **Movie: The Last Laugh** WA

26

- 10:00 **Music Therapy** SCU
- 10:30 **Exercise with Fitness Center** WA
- 1:30 **Manicures** WA
- 3:00 **Sing Along with Nancy** WA
- 5:30 **SCU Trivia** SCU
- 6:30 **Wine and BINGO** WA

27

- 10:30 **Exercise with Fitness Center** WA
- 1:30 **Crafternoon with Becky** WA
- 3:00 **Guess the Movie by Song** WA
- 5:30 **Reminiscing Group** SCU
- 6:30 **Armchair Travel: Scotland** WA

28

- 10:30 **Exercise with the Fitness Center** WA
- 1:30 **Brain Games** WA
- 3:00 **Happy Hour** WA
- 3:30 **Celebrate Birthdays with Jerry Ball** WA

29

- 10:30 **Saturday Exercise: Glen Miller Workout!** WA
- 1:00 **SCU Visits** SCU
- 2:00 **Coffee and Chat** WA
- 3:00 **Name that Tune** WA

30

- 10:30 **Sunday Exercise** WA
- 1:00 **SCU Manicures** SCU
- 1:00 **Catholic Mass** GFS
- 2:00 **Vespers with Mark Roberts** K
- 2:30 **Sunday Trivia** WA
- 3:00 **Manicures** WA

31

- 10:30 **Flower Arranging** WA
- 1:30 **The Price is Right Game** WA
- 2:30 **Gentle Fitness** WA
- 3:15 **Coke Float Social** WA

