

DINING ROOM MENU

STARTERS

Today's Muffin 2

Gluten Free Muffin 5

Soup du Jour 3

Caesar Salad 4

SALADS

Southwest Chopped Salad 13/11 GF ●

lettuce, pinto & black beans, red onion, pico de gallo, corn, monterey jack cheese, tortilla strips, served with chipotle ranch

*Protein options listed below

SANDWICHES

Friendship Burger 12

specialty burger patty, lettuce, tomato, onion, pickle

add cheese 1

Veggie Burger 11 / 🛩 🖤

specialty veggie burger patty, lettuce, tomato, onion, pickle

add cheese 1

Maple Waldorf Chicken Salad 12/9 ♥

chicken, celery, walnuts, apples, sour cream, maple syrup, dijonnaise, served on multigrain bread

French Ham & Brie On Brioche 13

thinly sliced ham, brie cheese, tomato, leaf lettuce, deli butter

Turkey Reuben 13 / 10

turkey, coleslaw, swiss cheese, thousand island dressing, served on grilled marbled rye

Build Your Own Garden Salad

Side 2 Entree 8/5

Each Topping 1

- egg \blacksquare
- tomatoes
- cucumbers
- red onions
 - carrots =
 - beets **=**
 - broccoli
 - bacon
- cheddar cheese
 - croutons
- sunflower seeds
 - pecans
- dried cranberries

Entrée Salad Add-Ons

Chicken 4

Shrimp 5

Tofu 5

Organic Lentils 5

Heart Healthy Gluten Free GF
Vegetarian

ENTREES



Herb Grilled Chicken Breast 12 GF

chicken breast, garlic herb marinade

Sirloin Steak 14 GF

halperns 6oz. sirloin

Grilled Pork Tenderloin 12 GF 🖤

seasonally prepared pork tenderloin

Market Fresh Catch 15

fried or broiled

Stir Fry 14 GF

pepper medley, onion, spinach, carrots, mushrooms, broccoli, water chestnuts, rice choice of:

sweet & sour sauce or bourbon sauce

Add Chicken 4

Add Shrimp 5

Add Tofu 5

Add Lentils 5

Spinach Artichoke Chicken 12 GF

chicken breast topped with spinach, artichoke hearts, mozzarella cheese, parmesan, garlic mayo

Sauteed Shrimp w/ Grilled Pineapple Mango Salsa 14 G

shrimp, served with pineapple mango salsa served over rice

Baby Back Ribs 13 GF

sauce choice: Classic BBQ or Sweet Chili

Spaghetti and Meat Sauce 14

hearty meat sauce, spaghetti, parmesan, served with garlic ciabatta

Cordon Bleu Flatbread 12

chicken, bacon, swiss cheese, arugula, garlic herb boursin spread, drizzled with a balsamic glaze

substitute veggie sausage 3 🏉

BEVERAGES

Soft Drinks 2

Juice 2

Iced Tea 2

Coffee 2

Hot Tea 2

Milk 2

Arnold Palmer 2

Hot Chocolate 3

AVAILABLE SIDES

Each Side 2

baked potato

mashed potatoes

feature rice ■

kettle chips ■

daily vegetable ■

vegetable medley

french fries

sweet potato fries ■

cottage cheese

seasonal coleslaw

featured cold side

orange sections

Heart Healthy Cluten Free GF
Vegetarian