

JANUARY 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			Meeting Places A1 The A1 Lounge Bus The Bus GFS The Group Fitness Studio K The Kiva WA The Woodside Activity Room WCL The Woodside Cedar Lounge SCU The Woodside Memory Care	01 New Year's Day 10:00 Music Therapy 10:30 Exercise with Fitness Center 1:30 Cozy Cup and Trivia 3:15 Cheryl Performs the Piano	02 10:30 Cooking Club: Bugle Trail Mix 1:30 Stretchercize 3:00 Boogie Woogie, Bugle Boy Happy Hour 5:30 Friday Movie Night	03 10:30 Music with Sara 1:00 SCU Visits with Felicia 2:00 Saturday Exercise 3:00 Wine and BINGO!
04 10:30 Sunday Exercise 1:00 SCU Manicures 1:00 Catholic Mass 2:00 Manicures 2:00 Vespers with Mark Roberts 3:00 Happy Trivia Day Social	05 WA 10:30 Flower Arranging SCU 1:30 Devotions GFS 2:30 Gentle Fitness WA 3:15 Sharing with Friends Social	06 WA 10:30 Zumba with AJ Music Appreciation with Tammy WA 1:30 Rummikub Club WA 3:00 Trader Joe's Try it Tuesday SCU 5:30 Reminiscing Group	07 WA 10:30 Exercise with Fitness Center WA 1:30 Manicures WA 3:00 Sing along with Nancy SCU 5:30 SCU Game Night	08 WA 10:00 Music Therapy 10:30 Exercise with Fitness Center WA 1:30 Happy Birthday ELVIS! WA 3:00 Touch and See Art: Baskets and Boxes	09 SCU 10:30 Call of the Wild: Songs of the Last Frontier WA 1:30 Exercise with Kat Scott Robbins, Saxophone Performance WA 3:00 Friday Movie Night	10 WA 10:30 Saturday Exercise SCU 1:00 SCU Visits with Becky WA 2:00 Wheel of Fortune Game WA 3:00 Wine and BINGO!
11 10:30 Sunday Exercise 1:00 SCU Manicures 1:00 Catholic Mass 2:00 Manicures 2:00 Vespers with Mark Roberts 3:00 Popcorn and The Andy Griffith Show	12 WA 10:30 Flower Arranging SCU 1:30 Devotions GFS 3:00 David Veenstra Performs	13 WA 10:30 Tuesday Exercise WA 11:30 Woodside Lunch Bunch WS1 1:30 Rummikub Club WA 3:00 Card BINGO! SCU 5:30 Reminiscing Group	14 WA 10:30 Exercise with Fitness Center WA 1:30 Manicures WA 2:30 Food and Beverage Meeting WA 3:15 Alicia's Slideshow: The Worst Blizzards in History SCU 5:30 SCU Game Night	15 WA 10:00 Music Therapy 10:30 Exercise with Fitness Center WA 1:30 Craft with Becky WA 3:00 Men's Club WA 3:00 Wine and BINGO!	16 SCU 10:30 Exercise with the Fitness Center WA 1:30 Make and Take Snowman Treats WA 3:00 Snowman Happy Hour with the History of the Snowman Slideshow! SCU 5:30 Friday Movie Night	17 WA 10:30 Music with Sara SCU 1:00 SCU Visits with Felicia WA 2:00 Saturday Exercise WA 3:00 Happy Birthday Betty White Social
18 10:30 Sunday Exercise 1:00 SCU Manicures 1:00 Catholic Mass 2:00 Manicures 2:00 Vespers with Mark Roberts 3:00 Popcorn and the Ed Sullivan Show	19 WA 10:30 Birthday of Martin Luther King, Jr. SCU 10:30 Flower Arranging GFS 10:30 Veterans' Club WA 1:30 Devotions WA 2:30 Gentle Fitness WCL 3:00 Randy Performs the Piano	20 WA 10:30 Zumba with AJ Resident Council Meeting K 1:30 Rummikub Club WA 3:00 Alicia's Slideshow: Obsolete Things from the Past SCU 5:30 Reminiscing Group	21 WA 10:30 Exercise with Fitness Center WA 1:30 Manicures WA 3:00 Sing along with Nancy SCU 5:30 SCU Game Night	22 SCU 10:00 Music Therapy 10:30 Exercise with Fitness Center WA 1:30 Happy Hour K 2:00 Peter Bergin Piano Concert WA 3:30 Trader Joe's Try it Thursday	23 WA 10:30 Cozy Cup and Trivia WA 1:30 Exercise with Kat WA 3:00 Happy Hour WA 3:30 Celebrate Birthdays with Jerry Ball SCU 5:30 Friday Movie Night	24 WA 10:30 Saturday Exercise SCU 1:00 SCU Visits with Alicia WA 2:00 Blueberry Hot Cocoa and Chat WA 3:00 Alicia's Slideshow: How did that Michigan Town get its Name?
25 10:30 Sunday Exercise 1:00 SCU Manicures 1:00 Catholic Mass 2:00 Manicures 2:00 Vespers with Mark Roberts 3:00 Looking Back at the 1970s	26 WA 10:30 Flower Arranging SCU 1:30 Devotions GFS 3:00 Icebreaker Social	27 WA 10:30 Tuesday Exercise WS1 1:30 Rummikub Club K 2:00 Adam Harris Concert WA 3:30 Trader Joe's Try it Tuesday SCU 5:30 Reminiscing Group	28 WA 10:30 Exercise with Fitness Center WA 1:30 Manicures WA 3:00 National Kazoo Day Social SCU 5:30 SCU Game Night	29 SCU 10:00 Music Therapy 10:30 Exercise with Fitness Center WA 1:30 Craft with Becky WA 3:00 Retro TV Hour K 3:00 KJSO Chamber Group Recital	30 WA 10:30 Exercise with the Fitness Center WA 1:30 Cooking Club: Happy Hour Treats WA 3:00 Baby its Cold Outside Happy Hour SCU 5:30 Friday Movie Night	31 WA 10:30 Saturday Exercise SCU 1:00 SCU Visits with Felicia WA 2:00 Cozy Cup and Trivia WA 3:00 Wine and BINGO!